



MEDICINE RETREAT LEADER PLANNING GUIDE

**CASA CHANGO MEXICO
2026**

**CasaChangoMexico.COM
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Puerto Escondido, Oaxaca, Mexico**

ABOUT US

Casa Chango is Puerto Escondido, Mexico's top eco retreat center. We are immersed in nature with breathtaking views. Enjoy beautiful rooms, swimming pool, jacuzzi, practice spaces, healthy food, nature, and a supportive staff. Ceremonies are held in our amazing 2000 square foot open air space overlooking the river valley and sea. We provide an extraordinary setting for the deep healing work and celebration.

SEE MORE ABOUT CASA CHANGO
GROUP RETREATS HERE.



CEREMONY SPACE

2000 square foot open air space

- wood floor covered with puzzle mats for comfort of movement
- matrimonial size mattresses to use as ceremony beds
- palapa roof for protection from the elements
- surrounded by nature, views of ocean, river valley, mountains
- sounds of birds, frogs, & insects from the river valley
- sliding cloth walls for sun, wind, rain protection
- chiminea and wood for ceremony fire element
- sickness buckets
- restrooms with running water

Note: aside from the chiminea, we do not allow candles in the space. LED tea lights are welcome.



Other Spaces



Dining Area

Enjoy the company of other guests while overlooking the views of the ocean and river valley.



Lounge

A cozy place with couches and comfy chairs to relax and read a book, sip some tea or have a conversation. Wifi is available to create a comfortable work space.



Gardens & River

Experience fruit trees, flowers, various types of birds & wildlife. A 10 minute hike brings you down to the peaceful river below.



Pool & Jacuzzi

Take a dip in our beautiful infinity swimming pool with the best view. Soak in the jacuzzi or relax in the sun or shade.



Massage Room

We provide a dedicated space for massages and a variety of practitioners available for booking.



Dance/Yoga Studio

Our 775 sq ft dance/yoga studio overlooking the beautiful valley has sprung wood floors, mirrors, & air conditioning. This space is also perfect for sound healings, chanting, and music.

DEEP CONNECTION

"Casa Chango is the perfect place for this work."

Our guests, facilitators, and medicine people agree that the energy, nature, ceremony space, accommodations, and incredibly open hearted and competent staff create an ideal setting for ceremony and all of the work before and after. We welcome you and the work you do with open arms. Our collective service can make profound change.



FACILITATORS

We acknowledge and respect the deep work that medicine ceremony invites. Our staff organizes logistics so the facilitators can focus on their work with the participants. We also have a local community to support and lead meditations, yoga, cacao ceremonies, temescales, etc.

Our staff takes care of:

- Check ins/outs
- Scheduling massages
- Organizing excursions
- Meals and food restriction details
- Guest services & comfort



NOURISHING FOOD

We offer a pre ceremony dieta with simple, plant based meals to give participants the best experience. Post ceremony, we integrate more varieties of foods and flavors. We work with the group leader to create the menu that works for you.

Herbal tea, fruits, and fresh water are always available. Coconuts can be available upon request.



Healing begins here.



Ready for pricing & booking details?

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