



GROUP RETREAT PLANNING GUIDE

**CASA CHANGO MEXICO
2026**

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Puerto Escondido, Oaxaca, Mexico

ABOUT US

Casa Chango is southern Mexico's top eco-chic retreat center. We are located just outside of Puerto Escondido, yet immersed in nature for the best of both worlds. Enjoy beautiful rooms, swimming pool, jacuzzi, practice spaces, healthy Mexican and international food, nature excursions, and a supportive staff. We provide an extraordinary setting to make your dream retreat come true.

RELAX – TRAIN – EAT – SWIM – REPEAT



More about Casa Chango

2 Practice Spaces

2000 sq foot open air gym

800 sq foot dance/yoga studio

Perfect for any type of movement arts, aerial arts, dance, ceremonies, etc.

13 Rooms / up to 30 guests

Views of the ocean, river, and the Sierra Madre mountains

Food for Special Diets

Plant based, gluten free and more

Amazing Facilities

Pool, jacuzzi, cozy lounge, river hike, community spaces, eco-excursions

Over 200 Retreats

Successful Group Retreats since 2010

Excellent Customer Service

Our guests leave satisfied and wanting more. Trip Advisor, Google, Facebook, etc.

Focus on creativity, nature immersion, wellness, and inclusion

Our guests can feel free to be themselves and be seen.

Professional marketing and admin support

We are here to help you.



Our Spaces



Dining Area

Enjoy the company of other guests while overlooking the views of the ocean and river valley.



Lounge

A cozy place with couches and comfy chairs to relax and read a book, sip some tea or have a conversation. Wifi is available to create a comfortable work space.



Epic Gym

2000 sq ft open air practice space equipped with all of the props for various types of retreats.



Pool & Jacuzzi

Take a dip in our beautiful infinity swimming pool with the best view. Soak in the jacuzzi or relax in the sun or shade.



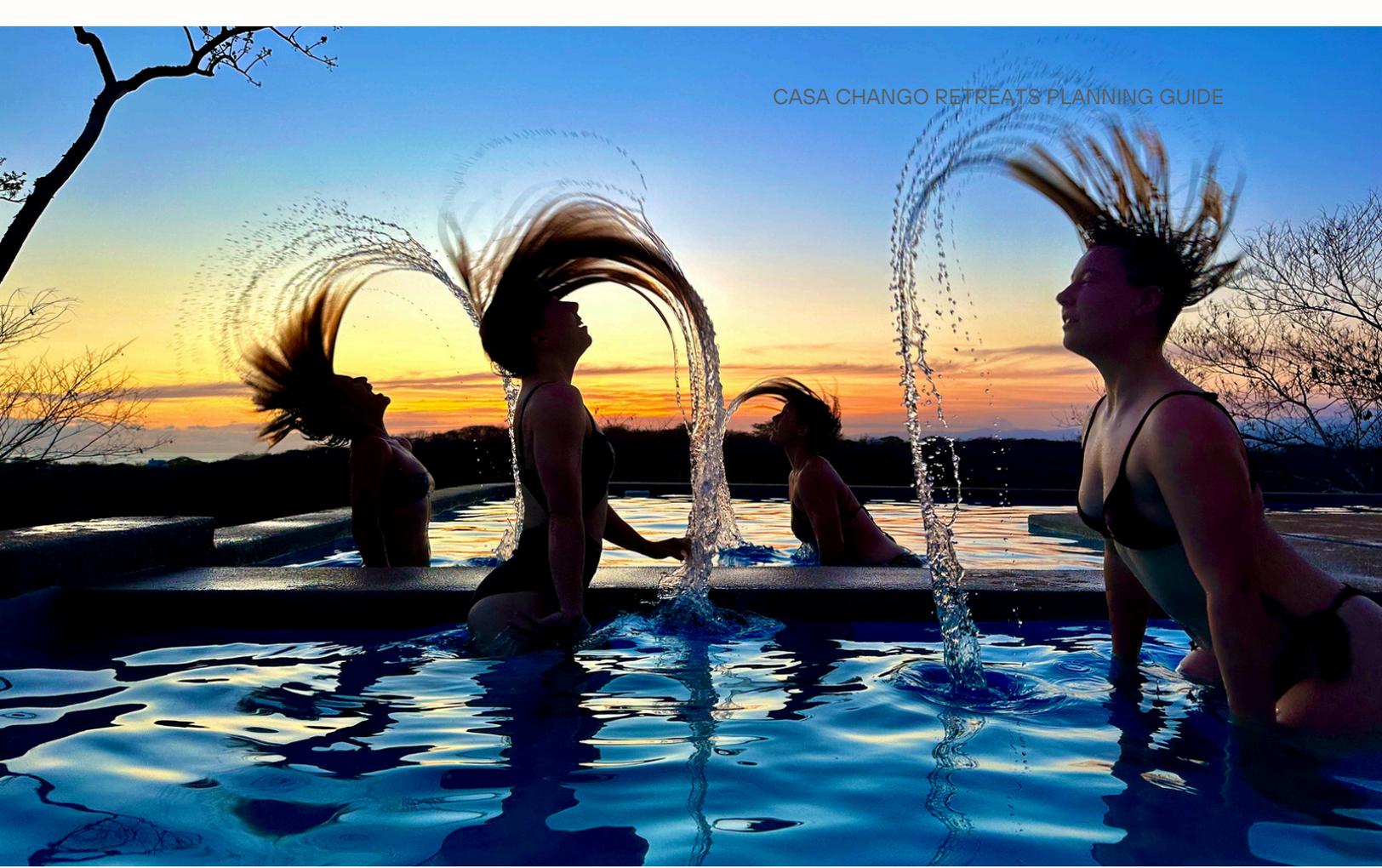
Gardens & Massage Room

Experience fruit trees, flowers, various types of birds & wildlife. We provide a dedicated space for massages and a variety of practitioners available for booking.



Dance & Yoga Studio

Our 775 sq ft dance studio overlooking the beautiful valley has sprung wood floors, mirrors, & air conditioning.



**CASA CHANGO IS SPECIALLY DESIGNED FOR
CREATIVE LIFESTYLE, WELLNESS, CEREMONY,
AND PHYSICAL TRAINING RETREATS.**

We nurture a culture of inclusion, personal expression, and authenticity.





EAT BETTER THAN EVER!

All retreats include 3 meals per day plus afternoon snack, drinks, and dessert. We only serve fresh, local ingredients including plant based ingredients, meat, fish, and vegetarian/vegan options.

Our amazing kitchen staff have crafted a diverse menu for people who care about health and fitness. We also know how to indulge in desserts and treats.



ECO RETREAT CENTER

Remote Getaway Just Outside of Town

Casa Chango is surrounded by nature overlooking a beautiful river valley, with the ocean on one side and the mountains on the other. A 10 minute hike brings you to the Rio Colotepec where you can hike or soak up the warm water. Just a 10 minute taxi ride will take you into town to beaches, markets, nature excursions, and nightlife. Choose your own adventure.



You can feel good about coming to Casa Chango knowing that we give back to the earth.

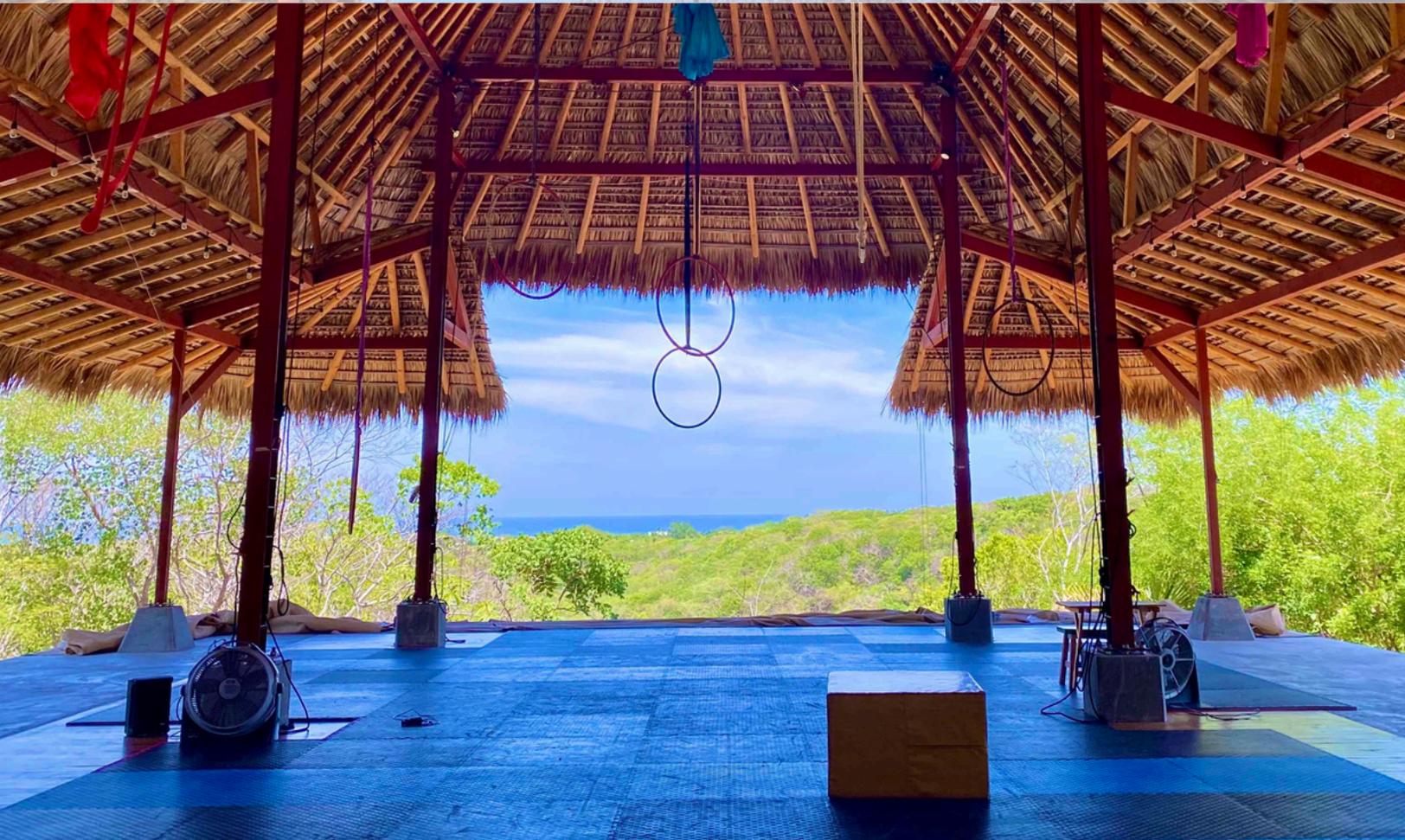
We run on 100% Solar Power.

Compost toilets & septic filter into the gardens creating zero water waste.

Our Cabanas made from Natural Materials make us feel cooler & happier.

We invite our guests to live closer to nature!

We have Great Wifi



OUR GYM IS MAGNIFICENT

EQUIPMENT LIST

12 rigging points 6.5 m high
Wood floor, mats
Crash mats
Yoga blocks
Yoga mats
Foam rollers

Massage balls
Resistance bands
Exercise balls of all sizes
Sliders for flexibility training
Stall Bars
Rings and TRX
Hand weights & kettle bells



DANCE/YOGA STUDIO

Air Conditioning
Sprung wood floor
Mirrors
Yoga blocks
Yoga mats
Foam rollers

Sound System
Massage balls
Resistance bands
Exercise balls
Gorgeous view

Infinity Pool & Jacuzzi



Infinity Pool

Large infinity pool with deep end and shallow end. Great for swimming laps, floating, playing, relaxing.



Jacuzzi

Soak your muscles and enjoy the view from our amazing jacuzzi.



**COMPLIMENT YOUR RETREAT WITH CLASSES, ACTIVITIES,
AND ECO EXCURSIONS.**

Beach trips, baby turtle release, bioluminescent lagoon, horseback rides, surfing, and zip lines just to name a few. See more about excursions & activities [on this page](#).



Housing at Casa Chango



Cabanas

All of our cabanas are built with natural materials which keep the rooms cool throughout the day and night. The rooms are simple, clean, and intentionally decorated.



Spectacular Views

You will never miss a sunset while you are here. Every evening we are dazzled by nature's magic. All views overlook the ocean, river valley, and mountains.

The Rooms

All rooms have fans, dresser drawers, hanging wracks, desk & chair, verandas, and wifi.

Private Room / Private Bathroom

King size bed or 2 singles
Semi-private veranda
Private bathroom
Option for Air Conditioning
3 rooms available (1 with AC)



Private Room / Shared Bathroom Ground Floor

King or queen size bed or 2
singles
Shared veranda
Shared bathroom
4 rooms available



Private Room / Shared Bathroom Loft

King size bed
Shared common space
Shared bathroom
4 rooms available



Shared Dorm

Spacious
4 single beds - up to 4 people
Shared veranda w hammocks
Large shared split bathroom
2 rooms available



ROOM DETAILS

Casa Chango's 13 rooms can sleep up to 30 people.

See photos and descriptions of rooms [on this page](#).

ALL rooms have great ventilation and fans which keep them cool all day.

Private rooms include a king or queen size bed. Ground floor king size beds can be split into two individual size beds.

Check in is after 2pm on arrival day. Check out is by 10am on departure day.

DORMS

(up to 8 people total)

Our 2 dorms sleep up to 4 people each. Each dorm room has one spacious split bathroom with an odorless dry composting toilet. The 2 dorms share a large veranda with hammocks, plants and chairs.

PRIVATE ROOMS WITH SHARED BATHROOMS

(up to 16 people total)

We have 8 private rooms with shared bathrooms. 4 are on the ground floor and 4 are loft rooms.

4 ground floor rooms share a large veranda with hammocks, plants, and chairs. There are 2 large split bathrooms, one bathroom per 2 rooms. These bathrooms odorless dry composting toilets.

Each room has the option of 1 king size bed or 2 individual size beds.

4 loft rooms

2 sets of 2 rooms, Each set of 2 rooms shares a large veranda with a hammock, plants, and chair.

There are 2 large bathrooms, one bathroom per 2 rooms. One of the bathrooms has an odorless dry composting toilet, and the other has a 'normal' toilet with water.

Each room has 1 queen or king size bed and a spacious mosquito net.

PRIVATE ROOMS WITH PRIVATE BATHROOMS

(up to 6 people total)

3 rooms each have a private bathroom and semi-private veranda with a chair. The rooms have the option for 1 king bed or 2 individual beds.

AC Option

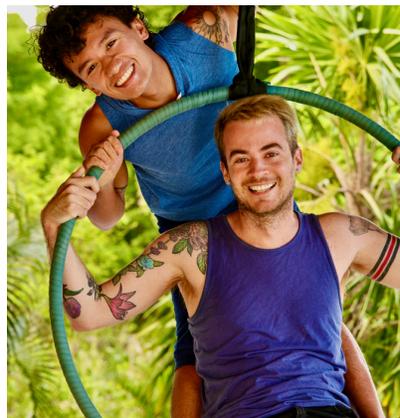
One of these private rooms has the option of air conditioning for an added fee.

PHOTO SHOOTS

You have the option of adding a morning or evening photo shoot to your retreat.

Photographer and designer of Casa Chango, Stuart, is available if you desire photo shoots. You can add a morning or night photoshoot. The cost is \$250 USD for up to 10 people and \$25 per person after the first 10 people. After the photo shoot, each participant can choose up to 15 photos. The morning photo shoot happens between 7:30-9am. The night photo shoot happens between 8-9:30pm. Alternatively photos can be taken in/by the pool at sunset.

Here are some examples.



Let yourself shine!

Ready for pricing & booking details?

[CLICK HERE](#)

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